JULY EDITION
First-Year Check-In

☑ **COMPLETED JUNE CHECKLIST**

☐ **SIGN UP FOR A MEAL PLAN**

Find a meal plan that fits your lifestyle. Whether you're on campus every day or just a few days a week, there's an option for you.

Follow these simple steps to sign up for your meal plan:
- Log in to my.PennWest.edu
- Click on the "Housing and Dining Portal"
- Click on the drop-down arrow for "Contracts" and select the appropriate dining services contract
- Review the information, then type your name or use the pad to sign (note: if you are under 18, an email will be sent to your parent/guardian, with a link for that person to co-sign)
- Click on the "Continue" button
- Select your desired dining plan and click on the "Submit" button

For additional questions, contact:
collins_k@pennwest.edu or gibson_m@pennwest.edu

☐ **APPLY FOR A PARKING PASS**

Planning to bring a car to campus? Make sure you register it and apply for a parking permit.

To select your campus and secure your spot, visit **PennWest.edu/parking**

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SUBMIT PHOTO FOR UNIVERSITY ID CARD

Submit a clear, front-facing photo of yourself for your PennWest student ID.

Upload early to avoid move-in delays!

Students should expect to receive an email from onecard@pennwest.edu for further information.

SUBMIT HEALTH AND MEDICAL FORMS

All incoming students must complete required medical forms:
  • General medical forms (physical exam, immunization history)
  • Meningitis form (required for students in campus housing)

Email completed forms to your campus health center or upload to your student portal.

Tip: Schedule a physical now if you haven't already!

To submit medical forms, use this link and select the "Forms" section:
PennWest.studenthealthportal.com

For additional questions, contact: healthcenter-cal@pennwest.edu (for California students)
or healthcenter-edn@pennwest.edu (for Clarion and Edinboro students)

Follow us on Instagram for more information
@PennWestCampusLife

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